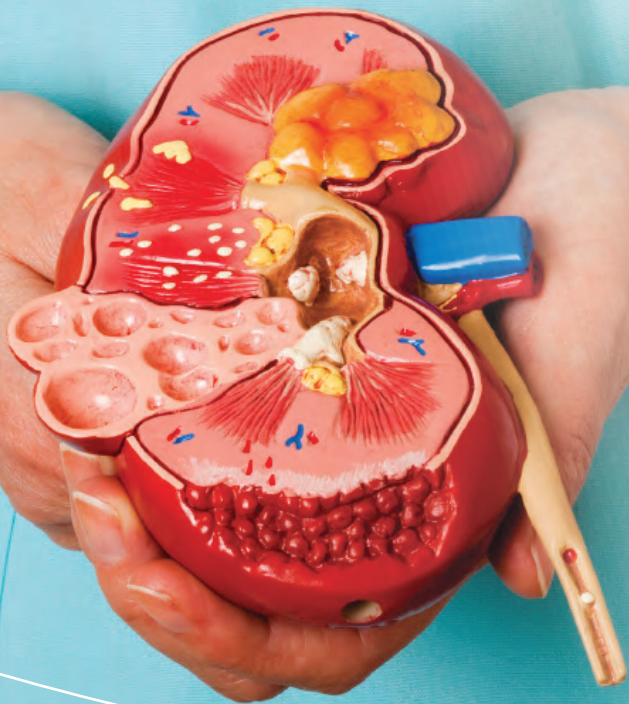


*4<sup>th</sup> Annual*

# Current Issues in the Care of Dialysis and Transplant Patients

**October 7, 2017**

Georgetown University Hotel & Conference Center  
Washington, DC



**Matthew Cooper, MD**

MedStar Georgetown Transplant Institute  
MedStar Georgetown University Hospital  
Washington, DC

**Basit Javaid, MD, MS**

MedStar Georgetown Transplant Institute  
MedStar Georgetown University Hospital  
Washington, DC



MedStar Georgetown  
Transplant Institute

# CME Information

## Course Description

This one-day educational symposium will examine kidney and pancreas transplantation with a special emphasis on the multidisciplinary approach in pre and post transplant care. The conference will provide updates on clinical trials in kidney transplantation and immunosuppressive therapies, review measures that could enable live kidney and pancreatic transplantation, offer insight on complex post-transplant issues with a focus on specific population subsets deemed higher risk such as patients with HIV infection, HCV infection, patient with preformed anti-HLA antibodies, a higher BMI, and individuals at risk of medical non-adherence, etc. Additionally, the course will discuss avenues to explore advances in immunosuppression to enable a personalized approach to minimize the risk of post-transplant complications.

## Learning Objectives

- Discuss recent advances in kidney and/or pancreas transplant
- Identify factors that both limit and enhance access to kidney and/or pancreas transplant
- Identify patients who may be at risk for both non-compliance and for suboptimal transplant outcomes and implement measures to eliminate and/or minimize such risks and complications
- Identify specific patient subsets who are considered at higher risk for lack of access to transplantation and inferior post-transplant outcomes and identify and facilitate transplantation in such patient subgroups, such as those with HIV and HCV infections
- Define what constitutes immunologic high-risk status and how to overcome such barriers to transplantation
- Identify and compare common nutritional abnormalities in ESRD patients before and after kidney transplant
- Review pharmacological options to facilitate access, improve post-transplant outcomes and manage HIV infection in transplant patients
- Review both the challenges and options for personalization with regards to specific patient subsets and the pharmacological interventions to overcome those challenges
- Review the advancements in living donor nephrectomy techniques which have led to increase in live donor transplantation
- Recognize the cardiovascular disease burden complexities in patients with kidney failure and identify strategies to reduce risk and improve outcomes
- Review pancreatic transplant as treatment option for diabetics with end organ damage due to complications from diabetes
- Engage diverse healthcare professionals to develop strategies to meet specific patient care needs for the dialysis and transplant patient
- Describe the process of team development and the roles and practices of effective change

## Target Audience

This conference is intended for nephrologists, primary care physicians, cardiologists, endocrinologists, hospitalists, residents, fellows, advanced practice clinicians, pharmacists, nurses, social workers, nutritionists, dietitians, dialysis technicians and healthcare professionals involved in the care of patients with chronic kidney disease, end stage renal disease, and kidney and pancreas transplantations.

## CME Accreditation

MedStar Georgetown University Hospital is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

## Credit Designation

MedStar Georgetown University Hospital designates this live activity for a maximum of 6 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## For Nurses

For the purpose of recertification, the American Nurses Credentialing Center (ANCC) accepts *AMA PRA Category 1 Credits*<sup>™</sup> issued by organizations accredited by the ACCME. Nurses who attend a Category 1 CME certified activity can complete the continuing education hours section of the ANCC Professional Development Record in order to document the courses attended and the hours obtained.

## For Social Workers

This course has been approved by the National Association of Social Workers, DC Metro Chapter for 6 contact hours of continuing education credit. Approval Code: 2017042

## For Nutritionists and Dietitians

This program has been approved for continuing education through the Commission on Dietetic Registration up to 6 hours.



MedStar Georgetown  
University Hospital

## Course Directors

### **Matthew Cooper, MD**

Director  
Kidney and Pancreas Transplant Program  
MedStar Georgetown Transplant Institute  
MedStar Georgetown University Hospital  
Washington, DC

### **Basit Javaid, MD, MS**

Medical Director  
Kidney and Pancreas Transplant Program  
MedStar Georgetown Transplant Institute  
MedStar Georgetown University Hospital  
Washington, DC

## Faculty

### **Peter L. Abrams, MD**

Kidney and Pancreas Transplant Surgeon  
MedStar Georgetown Transplant Institute  
MedStar Georgetown University Hospital  
Washington, DC

### **Reza Ghasemian, MD**

Director, Transplant Urology  
Kidney and Pancreas Transplant Surgeon  
MedStar Georgetown Transplant Institute  
MedStar Georgetown University Hospital  
Washington, DC

### **Alexander J. Gilbert, MD**

Transplant Nephrologist  
Kidney and Pancreas Transplant Program  
MedStar Georgetown Transplant Institute  
MedStar Georgetown University Hospital  
Washington, DC

### **Tamara Jelali**

Financial Coordinator  
Kidney and Pancreas Transplant Program  
MedStar Georgetown Transplant Institute  
MedStar Georgetown University Hospital  
Washington, DC

### **Rebecca Kahn, MA, RD, LDN**

Adult Liver, Kidney and Pancreas Transplant Dietitian  
Kidney and Pancreas Transplant Program  
MedStar Georgetown Transplant Institute  
MedStar Georgetown University Hospital  
Washington, DC

### **Jack Moore, Jr., MD**

Director, Section of Nephrology  
MedStar Washington Hospital Center  
Medical Director  
Kidney and Pancreas Transplant Program  
MedStar Georgetown Transplant Institute at  
MedStar Washington Hospital Center  
Washington, DC

### **Alexandra D. Radomsky, MSW, LGSW**

Transplant Social Worker  
MedStar Georgetown Transplant Institute  
MedStar Georgetown University Hospital  
Washington, DC

#### KEYNOTE SPEAKER

### **Lloyd E. Ratner, MD, MPH**

Treasurer  
American Society of Transplant Surgeons  
Director, Renal and Pancreatic Transplantation  
Department of Surgery  
Columbia University  
New York–Presbyterian Hospital  
New York, NY

### **Allen J. Taylor, MD**

Chief of Cardiology  
MedStar Washington Hospital Center  
MedStar Georgetown University Hospital  
MedStar Heart & Vascular Institute  
Washington, DC

### **Leah M. VanderMark, MSW, LICSW**

Clinical Social Worker  
Kidney and Pancreas Transplant Program  
MedStar Georgetown Transplant Institute  
MedStar Georgetown University Hospital  
Washington, DC

### **Jennifer E. Verbese, MD**

Director, Living Donor Kidney Transplantation  
Surgical Director, Pediatric Kidney Transplantation  
MedStar Georgetown Transplant Institute  
MedStar Georgetown University Hospital  
Washington, DC

# Agenda

7:15 AM	<b>Registration and Continental Breakfast</b>	11:40 AM	<b>Panel Discussion</b> <i>Moderator: Matthew Cooper, MD</i> <i>Panelists: R. Ghasemian, L. Ratner, J. Verbesey</i>
8:00 AM	<b>Welcome and Introduction</b> <i>Matthew Cooper, MD</i>	12:00 PM	<b>Lunch and Visit the Exhibits</b>
8:10 AM	<b>Strategies to Increase Minority Transplantation</b> <i>Alexander J. Gilbert, MD</i>	1:00 PM	<b>Pancreas Transplantation: Indications and Outcomes</b> <i>Peter L. Abrams, MD</i>
8:45 AM	<b>Common Nutritional Abnormalities in ESRD patients</b> <i>Rebecca Kahn, MA, RD, LDN</i>	1:30 PM	<b>Financing a Transplant: Much Harder than Balancing a Checkbook</b> <i>Tamara Jelali;</i> <i>Alexandra D. Radomsky, MSW, LGSW;</i> <i>Leah M. VanderMark, MSW, LICSW</i>
9:10 AM	<b>Maintaining Cardiac Health for Transplant Candidates with ESRD</b> <i>Allen J. Taylor, MD</i>	1:55 PM	<b>Immunosuppression and Post-Tx Complications</b> <i>Jack Moore, Jr., MD</i>
9:40 AM	<b>Panel Discussion</b> <i>Moderator: Matthew Cooper, MD</i> <i>Panelists: A. Gilbert, R. Khan, A. Taylor</i>	2:25 PM	<b>MGTI 2017: The Year in Review</b> <i>Matthew Cooper, MD</i>
10:00 AM	<b>Break and Visit the Exhibits</b>	2:50 PM	<b>Panel Discussion</b> <i>Moderator: Basit Javaid, MD, MS</i> <i>Panelists: P. Abrams, M. Cooper, T. Jelali, J. Moore, A. Radomsky, L. VanderMark</i>
10:20 AM	KEYNOTE ADDRESS <b>The Evolution of the Laparoscopic Donor Nephrectomy</b> <i>Lloyd E. Ratner, MD, MPH</i>	3:15 PM	<b>Closing Remarks</b> <i>Matthew Cooper, MD</i>
10:50 AM	<b>Increasing Living Donation Rates</b> <i>Reza Ghasemian, MD;</i> <i>Jennifer E. Verbesey, MD</i>		
11:15 AM	<b>Living Donor and Recipient Panel</b>		

## Registration Information

<b>Physician</b>	\$50
<b>Resident/Fellow</b>	\$25
<b>Advanced Practice Clinician</b>	\$25
<b>Nurse</b>	\$25
<b>Allied Health Professional</b>	\$25
<b>Social Worker</b>	\$25
<b>Nutritionist/Dietitian</b>	\$25

### Online Registration Preferred

Please visit our secure website at <https://cme.medstarhealth.org/transplant> for updated program and registration information. We are unable to accept registrations or cancellations by telephone. If you wish to pay your registration fee by check, please download and print a registration form and mail it to the address on the registration form with your check.

All registrations will be confirmed by email only. Please use an email address that you check regularly. If you have questions regarding registration or do not receive an email confirmation of your registration within 1-2 business days, please contact us at [medstarcme@gmail.com](mailto:medstarcme@gmail.com) or 202-780-1655.

### Cancellation Policy

Cancellations made in writing by August 25, 2017 will be subject to a 50% penalty. No refunds will be given after August 25, 2017. Cancellations will not be accepted by telephone. In the unlikely event that the course is canceled, MedStar Health will refund the registration fee, but is not responsible for any travel costs.

Please call 202-780-1655 or email [medstarcme@gmail.com](mailto:medstarcme@gmail.com) if you have any questions or need any additional information.

## Venue Information

### Georgetown University Hotel and Conference Center

3800 Reservoir Road, NW  
Washington, DC 20007  
202-687-3200

### Special Assistance

MedStar Health wishes to ensure that no individual with a disability is excluded, denied services, segregated or otherwise treated differently from other individuals because of the absence of auxiliary aids or services identified in the Americans with Disabilities Act. Please contact 202-780-1655 to notify us of your needs.





4<sup>th</sup> Annual

# Current Issues in the Care of Dialysis and Transplant Patients

**October 7, 2017**

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FIRST NAME MIDDLE INITIAL LAST NAME SUFFIX

DEGREE HOSPITAL / COMPANY / ORGANIZATION

MEDICAL SPECIALTY

ADDRESS STREET SUITE OR APT #

CITY STATE ZIP / POSTAL CODE

TELEPHONE FAX

E-MAIL

### THREE WAYS TO REGISTER:

#### ON THE WEB:

CME.MedStarHealth.org/TRANSPLANT

#### BY EMAIL:

Scan form and email to:  
MedStarCME@gmail.com

#### BY MAIL:

MSH - Transplant 2017  
3007 Tilden Street, NW, Suite 3N  
Washington, DC 20008

We are unable to accept registrations or cancellations by telephone.

All registrations will be confirmed by email only. Please use an email address that you check regularly. If you have questions regarding registration or do not receive an email confirmation of your registration within 1-2 business days, please contact us at MedStarCME@gmail.com or 202-780-1655.

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### PAYMENT INFORMATION:

- Physician  \$50
- Resident/Fellow  \$25
- Advanced Practice Clinician  \$25
- Nurse  \$25
- Allied Health Professional  \$25
- Social Worker  \$25
- Nutritionist/Dietician  \$25
- Industry  \$100

- Check Enclosed (Please make checks payable to "MSH - Transplant 2017")
- Credit Card (Please indicate type below. Charges on statement will appear as "CMEQT")

- American Express  Visa  Mastercard

CARD NUMBER EXPIRATION DATE (MO/YEAR) \*CCV NUMBER

NAME OF CARDHOLDER CARDHOLDER SIGNATURE

\*The CCV number is a 3-digit non-raised number printed on the back of the credit card in the right hand corner of the signature strip. Amex card CCV numbers are 4-digits long and are on the front of the card.